

Dear Colleague

Many thanks for agreeing to see this patient. They are embarking on an overseas assignment with a registered charity to a potentially resource- poor and demanding location.

As the specialist health advisor for their sending agency, HealthLink360 requires this individual to have a blood pressure and urine check prior to departure. I would be very grateful if you would carry these out. Please would you complete the form provided and give this sheet back to your patient. We would be grateful if you would also provide a summary sheet of their medical and medication history if applicable.

HealthLink360 is a UK charity specialising in medical, psychological and travel health care, primarily for the Mission, Humanitarian and Overseas Development sectors www.healthlink360.org. Our team of doctors, psychologist, counsellors and nurses operate a face to face and remote specialist service from our base on the outskirts of Edinburgh for a wide variety of individuals and Agencies seeking to make a difference all around the world.

We are grateful for your help in supporting this individual in their overseas assignment.

Yours faithfully



Dr Keith Russell MBChB DRCOG DGM FRCGP
Co-ordinator of Medical Services, HealthLink360

Patient Name		Date of Birth	
Date of testing			
BP (1)		BP (2)	
Urinalysis	Glucose		
	Blood		
	Nitrite		
	Protein		
	Other		
	No abnormalities detected		
Follow Up required		Yes/No	If yes, please give details
Summary sheet of medications provided		Yes/No	
Medical History Summary Sheet provided		Yes/No	
Health Professional's details			
Name		Practice Stamp or Address	
Professional Status			
Contact Number			
Signature		Date	